

Available Services

With more elderly residents staying in their homes longer, communities are offering more services to help keep residents safe.

Here's a sampling of the services offered in the Alexandria area. For a complete listing, visit the City of Alexandria's Aging and Adult Services webpage at alexandriava.gov/Aging or call (703) 746-5999.

Many of these services are available across the country. If your parent lives in another city or state, call their local office on aging or the U.S. Administration on Aging's Eldercare locator at (800) 677-1116.



Smart911

Alexandria offers an enhanced 911 service that allows residents to create online safety profiles with home and mobile phone numbers, along with additional information that would be valuable to dispatchers and first responders during an emergency. This includes details about medical conditions, daily medications, pets and emergency contacts. To register, visit alexandriava.gov/911 or call (703) 746-4357.



Friendly Visitor Program

Senior Services of Alexandria screens, trains and matches volunteers with socially-isolated seniors living in assisted living and health care communities or in their own homes. Volunteers, who are paired with a senior who has similar interests, visit the senior for about an hour each week. For more information, contact Mary Giordano at (703) 836-4414, ext. 120 or email friendlyvisitor@seniorservicesalex.org.

Meals on Wheels

Senior Services of Alexandria provides meals 365 days a year in partnership with more than 350 volunteers and the financial support of the City of Alexandria's Department of Community and Human Services' Division of Aging and Adult Services, and a number of local organizations. For more information about this program, call (703) 836-4414, ext. 112 or email mealsonwheels@seniorservicesalex.org.



Transportation

DOT Para-Transit offers curb-to-curb taxi service, seven days a week for residents of Alexandria who find it difficult to use public transportation. A one-way fare within the City of Alexandria and up to five miles outside the city limits is \$3, and one-way fare for trips more than five miles outside the city is \$5. Call (703) 836-5222 for reservations, and for more information, call (703) 836-4414, ext. 116 or email transport@seniorservicesalex.org.



Property Tax Relief

Residents of the City of Alexandria who are 65 years of age or older by Nov. 15, 2018, may be eligible for the City's Real Estate Tax Relief Program for Elderly and Disabled Persons. Tax relief may be prorated for persons who turn 65 or who become disabled between January 1 and November 15, 2018. For more information, visit the City of Alexandria website at alexandriava.gov/finance/info.

Rental Accessibility Modification Program

This program will grant up to \$50,000 to pay for modifications to a rental unit including installing of handicap accessible ramps and widening doorways. The program also funds smaller modifications of up to \$1,500 to install grab bars and specialized fixtures. For more information, contact the Alexandria City of Housing at (703) 746-4990.



Groceries To Go

In partnership with Giant Foods and Harris Teeter, Senior Services of Alexandria provides a grocery delivery program to seniors who are 60+ living in the City of Alexandria. Volunteers deliver groceries between 10:30 am and noon to the client's home, and if requested to do so, will put groceries away and loosen any tight-fitting lids. To be eligible, you must be a resident of the City of Alexandria, be at least 60 years old, and have a debit, credit or EBT card. For more information, contact Sandy Freedman at (703) 836-4414, ext. 119 or by email at groceries@seniorservicesalex.org.



Mount Vernon at Home

This membership program offers assistance to seniors who want to stay in their home as long as possible. For a nominal yearly fee, residents can sign up for a range of support including transportation, assistance with technology issues, light handyman tasks, home organization and seasonal help such as gardening, lawn mowing or leaf raking. Services are provided to a 14-square-mile section of southeastern Fairfax County, generally known as the Mount Vernon area. Similar programs are available in Old Town and throughout the Washington, D.C., metro area. For more information, call (703) 303-4060.